



# PRESENT WITH CONFIDENCE PRESENTATION SKILLS

## INTRODUCTION

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During this workshop you will be supported and coached towards improving your presentation skills, adding greater control and confidence.

In a supportive environment you will plan, prepare and deliver a presentation. You will be given feedback on how to enhance your delivery and engage your audience.

## DESCRIPTION

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This workshop is for any individual required to speak in front of others and who wish to project a professional impression.

It will cover:-

- Meeting the needs of your audience
- Preparing content and practicing delivery
- Confidence and its effect on your audience
- Relaxation techniques
- Evaluating body language, tone and pace.
- Positive language and gestures.
- Influencing and interacting with your audience
- Using visual aids

## OBJECTIVES

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You will be able to:

- Speak to groups with greater confidence and professionalism
- Plan and prepare more effectively
- Be confident when handling difficult issues
- Keep your audience engaged
- Interact with the audience with greater control and confidence
- Focus on the important issues
- Get your message accepted